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## **HEMI-SYNC® + DOLPHIN ENERGY: WHAT A DIFFERENCE!**

*by Shay St. John, DMin*

*Nancy Penn Monroe, Robert Monroe's beloved wife, passionately loved dolphins. While undergoing treatment for the breast cancer that finally claimed her life, Nancy's natural affinity with these amazing creatures had unexpected benefits. Reverend Shay St. John, Unity minister and long-time friend of the Monroe family, shared the remarkable story you are about to read. If you've ever puzzled over the connection between Hemi-Sync and dolphins, or wondered how Bob conceived the idea for the Dolphin Energy Club (DEC), here's your answer.*

Al [Shay's partner] and I were visiting with Bob and Nancy. She had a chemotherapy treatment, so I rode in with her and we planned lunch afterward. During the treatment, the needle was improperly placed, and the chemo leaked into Nancy's hand rather than flowing into her bloodstream. The nurse was extremely upset. So was Nancy. I was furious, but I attempted to remain "calm and poised" to keep things somewhat in order!

Nancy was told this was extremely serious; she could possibly even lose her hand. The hand would definitely turn black. Great pain would be experienced. She was to call immediately for a doctor's appointment (he was not in the office when this occurred). Nancy's hand was already at least twice its normal size, deep gray, and getting blacker by the minute. We went to lunch, and I shared a story I had recently heard about the relationship between killer whales and dolphins. It seems that the two species set aside their natural enmity and the dolphins assist the whales while they give birth. I then suggested, "Let's make the dolphins the midwives of your healing right now."

At lunch, over a glass of white wine, Nancy identified seven dolphins flowing through her bloodstream. As we ate, we told these dolphins that their very favorite food, the chemo in Nancy's hand, was theirs to devour. We focused their work on her hand during lunch and watched in awe as Nancy's hand stopped turning blacker. The swelling continued to decrease. Within an hour and a half, we could actually see the hand beginning to lighten and deflate. We were so excited! Nancy had found a wonderful dolphin ring at Best Products, and she was thinking of getting it. We went there right after lunch—I bought Nancy her ring and she bought me mine. She felt so good, we went shopping and returned to the house in the late afternoon. By this time, nothing unusual seemed to have happened to Nancy's hand. By evening, it was totally normal.

The next day we both talked to the dolphins and thanked them for their help. We shared this experience with Bob and Al and, in an evening of brainstorming, the Dolphin Energy Club was born.

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